

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

Play Therapy Australia is the leading Child Centered Play Therapy training organisation in Australia and is very pleased to be offering the Child Centered Play Therapy Training Program in 2020/21.

Child Centered Play Therapy is a humanistic Play Therapy approach for children from 2-10 years and offers a deeply respectful, heartfelt and evidence based form of counselling and psychotherapy for children. It can be a very effective form of early intervention for children experiencing emotional, psychosocial, behavioural and/or developmental difficulties.

The Play Therapy Training Program offers specialist training and an immersion process into the wonderful world of Child Centered Play Therapy. This course provides the opportunity to learn from experts and leaders in this field from Australia and America, and to work with Play Therapy Australia clinical supervisors to support the development of Play Therapy work with children and families.



The course is internationally renowned and Dr William Nordling, an international leader in Play Therapy from America, has endorsed the Play Therapy Australia Training Program. Dr Nordling is co-author of the book, *Child Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children* (co-authored with Nancy Cochran and Dr Jeff Cochran).

"It has been a great pleasure for me to be involved in training and clinical supervision for the Play Therapy Australia Training Program over the past 5 years. My long time involvement around the world with Play Therapy in training institutes, university settings, and professional associations allows me to be able to accurately assess the current state of Play Therapy education and training internationally. I can with confidence affirm that Play Therapy Australia's training and supervision is state of the art, and in the case of Child-Centered Play Therapy training, I believe that Play Therapy Australia is among the top five training programs in the world."

Applications for the training program are accepted from those with qualifications in a mental health field, social work, psychology, counselling, occupational therapy, psychotherapy, mental health nursing, creative arts therapies, dance therapy and art therapy and for those in their final year of training in 2020 in one of these fields. Please see Course Prerequisites for full details.

The Play Therapy Training Program consists of 200 hours of training to be completed. There are 100 hours of face to face training offered in 4 intensive workshops and 100 hours of online/distance training which includes video and audio material, there is also an option to complete the dual certification in CCPT & Filial Family Therapy (workshop 5). The training program has been set up so that those living in different parts of Australia and other countries can participate. It is also an option to complete Workshop 1 in a different state or country and to receive credit for this for Workshop 1, on acceptance into the training program. Please note these workshops are also available by face to face distance learning

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Training program in Melbourne 2020/21

This course includes theoretical and experiential learning, case material, Play Therapy demonstrations and skills based training, role plays, reflective processes, audio and DVD material. Creative arts and experiential processes are integrated into the course to facilitate self-reflection and the integration of theory with practice.

This course explores the Play Therapy work of Dr Virginia Axline, Dr Garry Landreth, Dr Louise Guernsey, Dr William Nordling, Jewel Janan and Dr Clark Moussakas. There is a strong focus in the training program on creating a safe and supportive learning environment to foster and support each course participant's growth and development in Play Therapy.

This Child Centered Play Therapy Training Program requires from participants, a genuine openness to this humanistic way of working with children. Course participants need to be self-reflective and committed to their own personal development, with participation and self-reflection being an integral part of the Play Therapy training and professional development process.



ABOUT CHILD CENTERED PLAY THERAPY

Child Centered Play Therapy offers a pathway for early counselling and psychotherapeutic intervention and support for children and families. Child Centered Play Therapy can be used with a wide range of children's difficulties including trauma, loss and grief, social adjustment issues, adjustment to changes in family situations, hospitalisation and illness, pre-birth and birth trauma, bonding and attachment issues, ADHD, selective mutism, separation anxiety, fears and anxieties, near death experiences, reactive attachment disorder, oppositional and challenging behaviours, abuse and neglect, enuresis and encopresis, autism spectrum disorder and school difficulties

In Child Centered Play Therapy, the therapist enters the world of the child, following the child's lead, developing a safe place and a relationship of trust. The child can express feelings, thoughts, experiences and behaviours through play, as the child's natural language. Often it is difficult for children to talk about how they feel and how things have affected them and in Play Therapy, the toys can be their words. In this Play Therapy approach, we see the child's behaviour as being a symptom of something deeper. Through the therapeutic relationship we are able to work with children to support their emotional/psychosocial development, fostering their innate potential for inner growth and healing.

For evidence based research on the effectiveness of Child Centered Play Therapy, the following book is available: Child-Centered Play Therapy Research: The Evidence Base for Effective Practice by Jennifer N. Baggerly (Author, Editor), Dee C. Ray (Author, Editor), Sue C. Bratton (Author, Editor). The key texts for the training program are: Play Therapy: The Art of the Relationship by Dr Garry L Landreth and Child Centered Play Therapy co-authored by Nancy Cochran, Dr William Nordling and Dr Jeff Cochran

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21



TRAINING VENUES

The Play Therapy Training Program workshops will be held in Melbourne CBD. Melbourne is a beautiful city located on Australia's Eastern Coast. Workshop 1, 2, 3 and 4 will be held in Melbourne CBD a vibrant city and Workshop 5 via Distance Learning. Play Therapy Australia is not able to give recommendations for accommodation, but websites to visit regarding other accommodation options include the following: www.booking.com; www.stayz.com.au; www.hotelclub.com; www.lastminute.com.au; www.wotif.com.au; www.tripadvisor.com. As course participants come from different parts of Australia and other countries, some have shared short term accommodation during the workshops.

SCHOLARSHIPS AND FUNDING SUPPORT

Many Play Therapy Australia course participants have received assistance and support through their workplaces and other funding bodies and have also been successful in receiving scholarships and grants. Please note: Any scholarships that Play Therapy Australia is informed of, or offers, will be listed on the Play Therapy Australia Training Programs webpage at www.playtherapyaustralia.com

TRAINING WITH PLAY THERAPY AUSTRALIA OFFERS

- Advanced specialist training in humanistic Play Therapy with the leading Child Centered Play Therapy professional training organisation in Australia
- A Play Therapy training program that includes solid theoretical foundations, skills based training, experiential learning and self-reflective processes that provides wonderful opportunities for professional and personal development
- The development of Play Therapy skills and practices to work with children from 2 years old, nonverbal children, children who have experienced severe trauma and loss and grief, children in very aggressive and regressive states and children presenting in different ways and with different diagnoses
- Participation in Play Therapy training that fosters and supports children's innate potential for inner growth, development and healing and that can make a profound difference in the lives of children's and families
- A Play Therapy training experience that creates a safe and supportive learning environment
- Completion of a highly professional Play Therapy Training Program that will add to employment related skills in children's counselling and Play Therapy
- Play Therapy training that provides the opportunity to learn from, and have clinical supervision, with experts and leaders in the field of Child Centered Play Therapy from Australia, America and England
- Play Therapy training that offers a sequential pathway for those in Australia, to become a Clinical Member and Registered Play Therapist with the Australian Play Therapists Association (APTA), the peak Play Therapy association in Australia
- Training with an approved training provider for ongoing professional development with the Australian Counselling Association (ACA), a peak body for counsellors and psychotherapists in Australia www.theaca.net.au
- The opportunity to link in with a network of highly trained Play Therapists and specialists in this field

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne

WORKSHOP 1:

THE HEART AND PRACTICE OF CHILD CENTERED PLAY THERAPY

TRAINING DATES: 12th, 13th & 14th October 20

DAYS & TIMES: Day- 1 & 2 9.00am - 5.00pm & Day 3-9.00am -2.00pm

VENUE: Melbourne CBD-or face to face via zoom if required (due to covid)

CONTACT TRAINING HOURS: 18

You will be introduced into the wonderful world of CCPT and its theoretical framework and evidence base

- Foundation of play and the importance of play in the child's world;
- Principles and practice of CCPT including the 8 basic principles, therapeutic dimensions of the play therapy relationship, key healing messages and toys/equipment and space required;
- Practical considerations;
- Indications and contraindications for the use of CCPT;
- Core therapeutic skills development, reflective and empathic responding and therapeutic limit setting;
- Recognising and understanding the therapy process and evaluating the child's internal progress, identifying therapeutic stages and themes of play.

WORKSHOP 2:

ADVANCED PLAY THERAPY PRACTICES: HELPING CHILDREN HEAL AND GROW

TRAINING DATES: 10th, 11th, 12th & 13th Feb 2021

DAYS & TIMES: Day 1,2 &3 9.00am - 5.00pm & Day 4- 9.00am - 2.00pm

VENUE: CBD

CONTACT TRAINING HOURS: 30

ONLINE / DISTANCE LEARNING HOURS: 22

- Deepening into the heart of Child Centered Play Therapy
- How play heals, neurobiology and attachment through a trauma lenses
- The fascinating field of Prenatal and Perinatal Psychology,
- Advanced Play Therapy skills development and sensitivity training
- Working with nonverbal children, very young children and children in regressed states
- Working with children in different stages in the Play Therapy process, identifying themes and stages.
- Intake interview, case conceptualisation and treatment planning.
- What do I need to know about myself when working with children?
- Working with children with special needs and varying backgrounds
- How Play Therapy practices can enhance your professional practice
- The uniqueness of Play Therapy in helping children heal and grow

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

WORKSHOP 3:

PLAY THERAPY CLINICAL PRACTICE ISSUES

DATES: 17th, 18th, 19th & 20th May 2021

DAYS & TIMES: Day 1, 2 & 3-9.00am-5.00pm & Day 4-9.00am-2.00pm

VENUE: CBD

CONTACT TRAINING HOURS: 26

ONLINE / DISTANCE LEARNING HOURS: 18

- Markers of effective child clinicians; Transference & Counter transference, Stages of self care & Cycle of caring.
- Ethical issues in CCPT; Laws & code of ethics, Confidentiality, Informed consent & Best practice guidelines.
- Legal issue in CCPT; A Therapists legal issues, Managing risk, The court process and Case recording.
- Determining therapeutic termination; Determining endings & consideration to the process.
- Transference, counter-transference and projective identification in Play Therapy Practical

WORKSHOP 4:

PLAY THERAPY REFLECTIVE PRACTICE AND SPECIFIC TOPICS IN PLAY THERAPY

TRAINING DATES: 2nd, 3rd, 4th 5th August 2021

DAYS & TIMES: Day 1,2& 3 9.00am-5.00pm & Day 4-9.00am-2.00pm

VENUE: CBD

CONTACT TRAINING HOURS: 26

ONLINE / DISTANCE LEARNING HOURS: 50

- Group Play Therapy.
- Intensive Play Therapy.
- Dimensional Play Therapy Model.
- Trauma Debriefing
- Reflection of self as the most important toy in the playroom.

Workshop 5 (Optional Module)

Filial Family Therapy

Venue: Distance Learning

- The history of Filial Therapy
- Theory Behind Filial Therapy
- Application to Practice
- Guiding Principles, Formats and Logistics

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

CHILD CENTERED PLAY THERAPY TRAINING PROGRAM APPLICATION PREREQUISITES THE FOLLOWING ARE ESSENTIAL REQUIREMENTS AND PREREQUISITES:

1. Have a recognised qualification in a mental health field at the following levels:

- Counselling - a minimum of a Bachelor of Counselling degree or post graduate qualification in counselling.
- Psychology - be completing registration as a psychologist or be registered.
- Social Work .
- Art Therapy, Dance Therapy and Creative Arts Therapies – a Masters level qualification.
- Occupational Therapy.
- Psychotherapy – must have completed a course that meets the Psychotherapists and Counsellors Federation of Australia (PACFA: www.pacfa.org.au) training standards and that leads to eligibility to be on the PACFA clinical register.
- Mental Health Nursing – have completed mental health nursing training to be able to be registered as a mental health nurse.

Or

1a. In 2020, be in the final year of training in one of the following programs of study:

- Counselling - a minimum of a Bachelor of Counselling degree or post graduate level course.
- Psychology – final year studies that lead to being able to apply for provisional registration as a Psychologist.
- Social Work.
- Art Therapy, Dance Therapy and Creative Arts Therapies – Masters level year of training.
- Occupational Therapy.
- Psychotherapy – final year of training in a course that meets the Psychotherapists and Counsellors Federation of Australia (PACFA: www.pacfa.org.au) training standards and that leads to eligibility to be on the PACFA clinical register.
- Mental Health Nursing – be in the final year of training to become a registered Mental Health Nurse.

2. Have, or be eligible for, registration, licensing or student / trainee membership with the relevant counselling, social work or other mental health registering body, board, association or federation in Australia, or other country e.g. Australian Social Workers Association, a member of one of the PACFA member associations (www.pacfa.org.au), on the Psychotherapists and Counsellors Federation of Australia Register (PACFA), Australian Counselling Association (www.theaca.net.au)

3. Have a current Working with Children Check or other applicable federal police clearance

4. Must be self-reflective and committed to one's own personal growth and development

5. Like children and have experience with children (this does not have to be in counselling)



THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

APPLICATION PROCESS

The process includes a written application, a professional referee report and an interview in person, by phone or Skype. Applications are now open and interviews will be arranged

Applications need to be emailed in full, with accompanying scanned documentation to info@playtherapyaustralia.com. The decision of the Director of Play Therapy Australia is final in relation to the offer of places. For those offered a place in the training program prior to completion of Workshop 1: The Heart and Practice of Child Centered Play Therapy, the Director of Play Therapy Australia reserves the right to withdraw the offer if on completion of the first workshop, it is deemed that the person is not ready or suitable for this training program.

COMPLETION OF THE PLAY THERAPY AUSTRALIA TRAINING PROGRAM

On successful completion of Workshops 1 and 2, course participants will be given a Certificate of Attendance for the Play Therapy 10 Day Intensive Course: Heartful Practice in Working Therapeutically with Children. On completion of the Child Centered Play Therapy Training Program, a Certificate of Successful Completion/Certificate in Play Therapy will be awarded and a transcript issued.

COURSE PROCESSES, ASSIGNMENTS AND READING REQUIREMENTS INCLUDE

- Keeping a journal reflecting on one's personal and professional training process.
- Reading books and articles.
- Reflective written processes, practical activities and exercises relating to readings / Play Therapy theory and practice.
- Participation in group training sessions and online training processes.

PLAY THERAPY CLINICAL PRACTICE AND CLINICAL SUPERVISION

Course participants and graduates of programs who meet the Play Therapy Australia requirements can engage with a Play Therapy Australia clinical supervisor to support their Play Therapy work with children and families both during the training program and after completion of the program. For those wishing to work in Child Centered Play Therapy during the training program, it is generally a requirement to have completed Workshops 1-3, prior to commencement. It is a requirement to meet with a Play Therapy Australia trainer to be assessed as ready to start practice prior to being approved to engage with a Play Therapy Australia clinical supervisor. There is an hourly fee rate charged for this.

PERSONAL THERAPY

Personal Therapy is considered an important aspect in the developmental process of Play Therapists and Child Therapists. It is strongly recommended that a minimum of 20 hours of personal therapy are completed during the process of the training program and this will be discussed in the interviews.

BECOMING A REGISTERED PLAY THERAPIST WITH THE AUSTRALIAN PLAY THERAPISTS ASSOCIATION

The Australian Play Therapists Association (APTA) is the peak Play Therapy association in Australia. Play Therapy Australia provides a pathway for those in Australia to become a Clinical Member of the Australian Play Therapists Association (APTA) and an APTA Registered Play Therapist. The Child Centered Play Therapy Training Program meets the 150 hours Play Therapy training component required by APTA for clinical membership and registration as a Play Therapist. Course participants can in their own time complete the Play Therapy practice, clinical supervision and personal therapy hours required. Please go to: www.apta.asn.au for information about clinical membership requirements to become a Registered Play Therapist with APTA. If you have any questions about future registration with APTA, please contact APT.

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

PLAY THERAPY AUSTRALIA TRAINERS AND CLINICAL SUPERVISORS



DONNA BERRY: PLAY THERAPY AUSTRALIA PRIMARY TRAINER AND CLINICAL SUPERVISOR

Donna is a qualified Social Worker, Play Therapist and Play Therapy Clinical Supervisor and is a clinical member of the Psychotherapists and Counsellors Association of Western Australia. She is a leading trainer in Child Centered Play Therapy in Australia and is an expert in this field.

Donna has been involved in the development of high quality professional Play Therapy training with Play Therapy Australia. She presents the very popular workshop, The Heart and Practice of Child Centered Play Therapy, in Melbourne and Perth and is a primary trainer in the Child Centered Play Therapy Training Program.

Donna has more than 25 years' experience working with Children and Families in a variety of Government and Private Settings. She spent a number of years working therapeutically with children and families in her private clinic, using Play Therapy. Donna established The Institute of Play Therapy which is based in South Fremantle, Western Australia. This innovative, professional facility has three therapeutic playrooms set up and highly trained mental health professionals and Play Therapists will be providing Play Therapy services for children and families.

Donna has completed extensive training in Play Therapy in Australia and also participated in the Association for Play Therapy, USA, conference and workshop series. She has been supervised by a world leader in Play Therapy Dr William Nordling, and from this, has gained a special interest in Filial Therapy/Child Parent Relationship Therapy.

Donna was a founding member of the Australian Play Therapists Association (APTA) and has been an Advisory Board member. She is now the President of the Australian Play Therapists Association which is the peak Play Therapy association in Australia. Donna has a special interest in training and is very passionate and extremely committed to teaching others about the growth and healing of children through the power of Play Therapy.

SPECIALIST TRAINERS AND CLINICAL SUPERVISORS

Child Centered Play Therapy specialist trainers and clinical supervisors are involved with Play Therapy Australia, these include: Dr Bill Nordling, Dr Jodi Mullen and Nancy Cochran from America; Dr Kathryn Sleet from England and Naomi Button, Anita Wass, Helen Kershaw and Judith Morgan from Australia. Please go to www.playtherapyaustralia.com for further information about the trainers and clinical supervisors.

COURSE FEES

TOTAL COURSE FEES: \$6,600 (includes GST) plus the option to continue with workshop 5 (\$935)
The program consists of 200 hours of Play Therapy Training over the first 4 modules.

Please note **COURSE FEES** are to be paid 2 months prior to the start of the Workshop or can be paid in full

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

EMPLOYER FUNDING

There is an option to pay for the full training course this must be paid once you are accepted onto the training program prior to the workshops. Please let us know via email.

PAYMENT PLAN OPTION

There is an option for a payment plan to be arranged, with payments made by direct bank transfer. A proposed monthly payment plan needs to be submitted by email to info@playtherapyaustralia.com for consideration and potential approval. Workshop 1 needs to be paid in full prior to the commencement of this workshop. There is an additional 5% fee charged for this option.

FEE POLICY

Fees are due as per the payment dates that are scheduled unless otherwise negotiated. The deposit required on accepting a place in the training program is non-refundable should a course participant decide not to proceed with his/her enrolment in the Child Centered Play Therapy Training Program.

For workshops 2, 3 and 4, late payments will incur an additional 10% late payment fee and must be paid in full prior to the commencement of the face to face workshops in Perth, Western Australia.

Fees can be paid by electronic funds transfer (internet banking), direct bank deposit or credit card through PayPal (a 3% credit surcharge applies). If a course participant withdraws from the course partway through completion of a workshop or four weeks or less prior to the commencement date of Workshop 1, 2, 3 or 4, fees are non-refundable for that particular workshop and full payment is required for that workshop.

The commencement date of Workshops 2, 3 and 4 is the Payment One due date. Acceptance into the Play Therapy Australia Child Centered Play Therapy Training Program is subject to acceptance of this fee policy and agreement to abide by this fee policy.

APPLICATION FORMS, COMMONLY ASKED QUESTIONS AND ANSWERS AND FURTHER INFORMATION

Please go to www.playtherapyaustralia.com to the Play Therapy Training Program webpage where you can download the Commonly Asked Questions and Answers document and the Application and Referee Report Forms as Word Documents.

If you have any questions after reading this information and the Commonly Asked Questions and Answers document, please email info@playtherapyaustralia.com or phone: 0416913983 and we will be happy to discuss the training program with you.

DISCLAIMER

While every effort has been made to ensure that the information on the Play Therapy Australia Child Centered Play Therapy Training Program and course including workshop details and all other course material and information is accurate, the Director of Play Therapy Australia reserves the right to change and modify the program and workshops, course titles, trainers and the related contents of this document.

All information contained in this document including workshop and course outlines, material and all content remain exclusively the property of Play Therapy Australia.

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

COURSE APPLICATION

Please provide the following information and respond to each of the questions outlined below. Please ensure that all the required information is included with your application.

Surname

First Name

Address

Suburb

State

Postcode

Home Ph

Mobile Ph

Work Ph

Email Address

Occupation / Current Study

Please list your current qualifications

Please state any prior training with Play Therapy Australia, the name of the workshops you completed, the year of the training and the number of hours of each workshop.

Please state your membership, registration or licensing that you have or can get, with the relevant mental health professional body, association or board in Australia or other country as per course prerequisites.

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

Please outline your prior experience in working with children.

The Play Therapy training program orientation is in humanistic Child Centered Play Therapy. Please describe why you are drawn to this approach and how you see this "fitting" with who you are. (If you are submitting your application prior to completion of Workshop 1: The Heart and Practice of Child Centered Play Therapy, please read *Dibs in Search of Self* by Virginia Axline, if you are not familiar with this Play Therapy approach).

What do you see as the strengths and challenges that you may have in working in Non-Directive Child Centered Play Therapy with children?

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in Melbourne 2020/21

Why do you want to go on and complete the Child Centered Play Therapy Training Program and what are your future visions?

Do you have any reservations or concerns about completing the course? if yes, please provide further details.

Have you had counselling or psychotherapy sessions or been involved in other personal development programs? If yes, please provide the details. (Please note that this is different to clinical supervision).

Are you intending to engage in Personal Therapy during the process of the Play Therapy Training Program? Please share your thoughts and feelings about potentially engaging in Personal Therapy to support your development as a Play Therapist.

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Training program in melbourne

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM

SUPPORTING DOCUMENTS

Please attach the following documents to support your application (If applicable)

1. A current, passport sized photograph of yourself.
2. A certified copy of your Working with Children Check
3. Relevant police clearance document
4. Current CV
5. Certified copy of qualifications and awards
6. Professional Referee Report
7. Typed application

REFEREE REPORT

A professional referee report needs to be completed and included with your application (please refer to the download - Professional Referee Report 2019). This can be from your work manager, team leader, clinical supervisor, team coordinator who you have worked with in the past five years or are currently working with. If you have been a student in a mental health related field in the past three years, a referee report from a lecturer or placement supervisor will also be accepted.

Please email through your completed application with accompanying scanned documentation to:

Donna Berry: Director of Play Therapy Australia
Email address: info@playtherapyaustralia.com

THE CHILD CENTERED PLAY THERAPY TRAINING PROGRAM



Professional Referee Report 2020 /21

Thank you for providing a reference for an applicant for the Child Centered Play Therapy Training Program being offered by Play Therapy Australia in 2020/21

Thank you very much.
Donna Berry
Director of Play Therapy Australia

APPLICANT'S DETAILS (applicant please complete)

Surname

First Name

Address

Suburb

State

Postcode

Phone

Email Address

REFEREE'S DETAILS

Surname

First Name

Job Title / Professional Role

Name of workplace

Phone

Email Address

1. In what capacity and for how long, have you known the course applicant?

2. Please comment on what you consider to be the applicant's suitability for working with children from 2-10 years old in Child Centered Play Therapy, which is a humanistic, non-directive form of counselling or psychotherapy. Please include if you have any reservations about the applicant working with children and families in a counselling role?

3. Would you have any concerns about ethical issues with the applicant?

4. Would you consider the applicant to be self-reflective and open to feedback?

5. Please include any other comments you wish to make.

Signed

Date

**Thank you very much for completing this professional referee form.
Please email this completed form through to:**

**Donna Berry: Director of Play Therapy Australia
Email: info@playtherapyaustralia.com**

PLAY THERAPY AUSTRALIA

**www.playtherapygroup.com |
info@playtherapygroup.com**