

# THE HEART & PRACTICE OF CHILD CENTERED PLAY THERAPY



## A 3 Day Workshop in Adelaide

The Heart and Practice of Child Centered Play Therapy workshop is an introduction to the wonderful world of humanistic Child Centered Play Therapy, a deeply respectful, evidence based form of counselling and psychotherapy for children from 2-10 years old. In this Play Therapy approach, the Play Therapist enters the world of the child, following the child's lead, developing a safe place and a relationship of trust. Play is the child's natural language and the toys can be used like words. Child Centered Play Therapy fosters the child's innate potential, encouraging the unique development and inner growth of the child. It provides opportunities for early intervention and healing for children experiencing emotional, psychosocial, behavioural and/or developmental difficulties. In this workshop, participants will learn about Child Centered Play Therapy practices and principles in a safe and supportive environment. Many of these can be successfully integrated into other counselling approaches, work roles and settings with children.



### Workshop 1 Includes:

- You will be introduced into the wonderful world of CCPT and its theoretical framework and evidence base;
- Foundation of play and the importance of play in the child's world;
- Principles and practice of CCPT including the 8 basic principles, therapeutic dimensions of the play therapy relationship, key healing messages and toys/equipment and space required;
- Practical considerations;
- Indications and contraindications for the use of CCPT;
- Core therapeutic skills development, reflective and empathic responding and therapeutic limit setting;
- Recognising and understanding the therapy process and evaluating the child's internal progress, identifying therapeutic stages and themes of play;

Play Therapy Australia is Australia's leading training organisation in Child Centered Play Therapy.

Play Therapy Australia offers a pathway for those with qualifications in counselling, psychology, social work and other mental health fields to become a Registered Play Therapist with the Australian Play Therapists Association (APTA), the peak Play Therapy association in Australia.

Play Therapy Australia is an approved training provider for professional development with the Australian Counselling Association.

**PD/ CE Training Hours: 18**

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### WHO CAN ATTEND THIS WORKSHOP?

This workshop is for anyone working with children and families, counsellors, social workers, psychologists, occupational therapists, art therapists and creative arts therapists, dance therapists, mental health nurses, psychotherapists, and other mental health professionals and students in these fields. It is also suitable for those working, or studying, in fields including education, special needs, allied health, hospital Play Therapy, disability and child support areas and who have a strong interest in supporting children's emotional /psychosocial growth and development.

### GENERAL INFORMATION

The Heart and Practice of Child Centered Play Therapy is a foundational workshop with Play Therapy Australia and will be credited towards any future training with Play Therapy Australia. A Certificate of Attendance will be given on completion of the workshop. Please be advised that this is introductory level training in Child Centered Play Therapy and does not qualify participants as Child Centered Play Therapists. Please visit our website [www.playtherapyaustralia.com](http://www.playtherapyaustralia.com) for information about Child Centered Play Therapy and who it can help, about Play Therapy Australia, workshops and 10 Day Course, and the 2019 /20 Play Therapy Training Program.

### PLAY THERAPY TRAINING PROGRAM: 2019 /20

For Play Therapy Training Program details and essential prerequisites for applying for a place in this course, please go to the Training Program webpage at <http://www.playtherapyaustralia.com/> where you can download this information. We are now accepting applications for this specialist Play Therapy Training Program.



### Workshop Presenter: Donna Berry

Donna is a qualified Social Worker, Play Therapist and Play Therapy Clinical Supervisor and is a clinical member of the Psychotherapists and Counsellors Association of Western Australia. She is an inspirational, leading trainer in Child Centered Play Therapy in Australia and is an expert in this field.

Donna has more than 18 years experience working with Children and Families in a variety of Government and Private Settings. She spent a number of years working therapeutically with children and families in her private clinic, using Play Therapy.

Donna has completed extensive training in Play Therapy in Australia and also participated in the Association for Play Therapy, USA, conference and workshop series. She has been supervised by a world leader in Play Therapy Dr William Nordling, and from this, has gained a special interest in Filial Therapy / Child Parent Relationship Therapy.

Donna was a founding member of the Australian Play Therapists Association (APTA) and has been an Advisory Board member. She is now the President of APTA, the peak Play Therapy association in Australia. Donna has a special interest in training and is passionate and extremely committed to teaching others about the growth and healing of children through the power of Play Therapy.

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## Registration Form: Adelaide 3 Day Workshop

**WORKSHOP DATES:** 14th, 15th & 16th March 2019

**COST:** \$795.00 (Inc GST)

**VENUE:** To be confirmed

**Tel: (08) 6363 5557**

|                                       |                      |                 |                      |
|---------------------------------------|----------------------|-----------------|----------------------|
| Surname                               | <input type="text"/> | First Name      | <input type="text"/> |
| Address                               | <input type="text"/> |                 |                      |
| Suburb                                | <input type="text"/> | State           | <input type="text"/> |
|                                       |                      | Postcode        | <input type="text"/> |
| Home Ph                               | <input type="text"/> | Personal Mobile | <input type="text"/> |
|                                       |                      | Work Ph         | <input type="text"/> |
| Personal Email Address                | <input type="text"/> |                 |                      |
| Occupation / Current Study            | <input type="text"/> |                 |                      |
| Where did you hear about the workshop | <input type="text"/> |                 |                      |
| Any dietary requirements              | <input type="text"/> |                 |                      |

### PAYMENT (Please check the appropriate payment option)

If your workplace requires a tax invoice prior to making payment for the workshop, please email: [info@playtherapyaustralia.com](mailto:info@playtherapyaustralia.com) requesting this.

- EFT and Direct Bank Deposit** (please place registrant's surname in the reference field)  
**Bank:** Commonwealth **BSB:** 066159 **Account No:** 10944538 **Date of EFT:**
- Credit Card** (incurs 3% surcharge). Play Therapy Australia uses PayPal to process payments by credit card, please email [info@playtherapyaustralia.com](mailto:info@playtherapyaustralia.com) to arrange for a PayPal invoice.

**PLEASE EMAIL YOUR COMPLETED REGISTRATION FORM TO: [info@playtherapyaustralia.com](mailto:info@playtherapyaustralia.com)**

#### REGISTRATION AND FEE POLICY

Registration & Fee Policy: Registration is conditional upon acceptance of this fee and registration policy. Payment of Fee: Full payment of the workshop fee is required to secure a place in the workshop. Cancellation/Refunds: For cancellations made 45 days or less prior to the commencement date of the workshop, fees are non-refundable. For cancellations made more than 46 days prior to the commencement date of the workshop, 50% of the fee paid will be refunded. In cases of illness with a medical certificate or serious extenuating circumstances, the workshop fee can be transferred to a workshop with Play Therapy Australia within the next 12 months. No refund will be given to registrants who do not attend a workshop. All registrants will be notified by email to confirm a place or to be advised if their name has been placed on a waiting list. If you have not received this confirmation 2 weeks prior to the workshop, please contact Play Therapy Australia. Should the workshop be cancelled, a full refund will be paid for the workshop fee that was paid to Play Therapy Australia.