

# THE HEART & PRACTICE OF CHILD CENTERED PLAY THERAPY



## A3 Day Workshop in BRISBANE QLD

The Heart and Practice of Child Centered Play Therapy workshop is an introduction to the wonderful world of humanistic Child Centered Play Therapy, a deeply respectful, evidence based form of counselling and psychotherapy for children from 2-10 years old. In this Play Therapy approach, the Play Therapist enters the world of the child, following the child's lead, developing a safe place and a relationship of trust. Play is the child's natural language and the toys can be used like words. Child Centered Play Therapy fosters the child's innate potential, encouraging the unique development and inner growth of the child. It provides opportunities for early intervention and healing for children experiencing emotional, psychosocial, behavioural and/or developmental difficulties. In this workshop, participants will learn about Child Centered Play Therapy practices and principles in a safe and supportive environment. Many of these can be successfully integrated into other counselling approaches, work roles and settings with children.



### Workshop 1 Includes:

- You will be introduced into the wonderful world of CCPT and its theoretical framework and evidence base;
- Foundation of play and the importance of play in the child's world;
- Principles and practice of CCPT including the 8 basic principles, therapeutic dimensions of the play therapy relationship, key healing messages and toys/equipment and space required;
- Practical considerations;
- Indications and contraindications for the use of CCPT;
- Core therapeutic skills development, reflective and empathic responding and therapeutic limit setting;
- Recognising and understanding the therapy process and evaluating the child's internal progress, identifying therapeutic stages and themes of play;

Play Therapy Australia is Australia's leading training organisation in Child Centered Play Therapy.

Play Therapy Australia offers a pathway for those with qualifications in counseling, psychology, social work and other mental health fields to become a Registered Play Therapist with the Australian Play Therapists Association (APTA), the peak Play Therapy association in Australia.

Play Therapy Australia is an approved training provider for professional development with the Australian Counselling Association.

**PD/ CE Training Hours: 18**

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## A 3 Day Workshop in BRISBANE QLD

### WHO CAN ATTEND THIS WORKSHOP?

This workshop is for anyone working with children and families, counsellors, social workers, psychologists, occupational therapists, art therapists and creative arts therapists, dance therapists, mental health nurses, psychotherapists, and other mental health professionals and students in these fields. It is also suitable for those working, or studying, in fields including education, special needs, allied health, hospital Play Therapy, disability and child support areas and who have a strong interest in supporting children's emotional /psychosocial growth and development.

### GENERAL INFORMATION

The Heart and Practice of Child Centered Play Therapy is a foundational workshop with Play Therapy Australia and will be credited towards any future training with Play Therapy Australia. A Certificate of Attendance will be given on completion of the workshop. Please be advised that this is introductory level training in Child Centered Play Therapy and does not qualify participants as Child Centered Play Therapists. Please visit our website [www.playtherapyaustralia.com](http://www.playtherapyaustralia.com) for information about Child Centered Play Therapy and who it can help, about Play Therapy Australia, workshops and 10 Day Course, and the 2017 /18 Play Therapy Training Program.

### PLAY THERAPY TRAINING PROGRAM: 2017 /18

For Play Therapy Training Program details and essential prerequisites for applying for a place in this course, please go to the Training Program webpage at <http://www.playtherapyaustralia.com/> where you can download this information. We are now accepting applications for this specialist Play Therapy Training Program.

### ABOUT THE PRESENTER: HELEN KERSHAW



**Qualifications:** Advanced diploma in social work (Northumbria University, United Kingdom); Master Degree in Non-Directive Play Therapy (York University, United Kingdom); Clinical Master Degree in psychology (Griffith University, Australia).

Helen has worked therapeutically with children and families for over 25 years. She began her career as a residential social worker in the United Kingdom where she worked for a voluntary organisation in a program responsible for preparing children for long term fostering and adoption placements. It was in this post that Helen first practiced play therapy skills in a therapeutic context.

After gaining a diploma in social work Helen worked as a child protection social worker before gaining a position with Barnardos in a bereavement unit supporting children and families affected by serious illness and traumatic bereavement. It was whilst employed in this unit that she was sponsored to undertake a master degree in non-Directive Play Therapy at York University where she had the privilege to be supervised by Dr Virginia Ryan.

Helen has worked in various government and non-government organisations in practice and management roles since this time. For the last twelve years Helen has worked in private practice at Kidz ontrack, where she is the clinical director, as a play therapist/counsellor and more recently as a psychologist.

Helen was passionate about advocating for the professionalism of play therapy in Australia from her arrival in 2002. She was vice-president of the first Play Therapy Association (APPTA) and presented at its inaugural conference in Darwin in 2007. Since that time, Helen has undertaken further studies in clinical psychology where the content of her theses involved a pilot study augmenting play therapy with the gold standard one-session exposure treatment of specific phobia for young children with a dog phobia. The outcome of this research was positive and attempts to secure further funding to undertake a clinical trial are underway.

Helen is a registered play therapy supervisor and currently supervises university students and others studying play therapy qualifications and working within the field of play therapy in Australia. Helen delivers training for government and non-government organisations. Helen has undertaken Filial Therapy training post qualifying and is keen to see Filial Therapy become as popular here in Australia as it is in Europe and the USA in the near future

# THE HEART & PRACTICE OF CHILD CENTERED PLAY THERAPY.



## Registration Form: BRISBANE 3 Day Workshop

**WORKSHOP DATES:** 30th, 31<sup>st</sup> Aug & 1<sup>st</sup> Sept 2017

**COST:** \$795.00 (Inc GST)

**VENUE:** Pacific Resort, 128 Middle Street, Cleveland QLD 4163

**Tel: (08) 6363 5557**

Surname	<input type="text"/>	First Name	<input type="text"/>
Address	<input type="text"/>		
Suburb	<input type="text"/>	State	<input type="text"/>
		Postcode	<input type="text"/>
Home Ph	<input type="text"/>	Personal Mobile	<input type="text"/>
		Work Ph	<input type="text"/>
Personal Email Address	<input type="text"/>		
Occupation/Current Study	<input type="text"/>		
Where did you hear about the workshop	<input type="text"/>		
Any dietary requirements	<input type="text"/>		

### PAYMENT (Please check the appropriate payment option)

If your workplace requires a tax invoice prior to making payment for the workshop, please email: [info@playtherapyaustralia.com](mailto:info@playtherapyaustralia.com) requesting this.

- EFT and Direct Bank Deposit** (please place registrant's surname in the reference field)  
**Bank:** Commonwealth **BSB:** 066159 **Account No:** 10944538 **Date of EFT:**
- Credit Card** (incurs 3% surcharge). Play Therapy Australia uses PayPal to process payments by credit card, please email [info@playtherapyaustralia.com](mailto:info@playtherapyaustralia.com) to arrange for a PayPal invoice.

**PLEASE EMAIL YOUR COMPLETED REGISTRATION FORM TO: [info@playtherapyaustralia.com](mailto:info@playtherapyaustralia.com)**

#### REGISTRATION AND FEE POLICY

Registration & Fee Policy: Registration is conditional upon acceptance of this fee and registration policy. Payment of Fee: Full payment of the workshop fee is required to secure a place in the workshop. Cancellation/Refunds: For cancellations made 45 days or less prior to the commencement date of the workshop, fees are non-refundable. For cancellations made more than 46 days prior to the commencement date of the workshop, 50% of the fee paid will be refunded. In cases of illness with a medical certificate or serious extenuating circumstances, the workshop fee can be transferred to a workshop with Play Therapy Australia within the next 12 months. No refund will be given to registrants who do not attend a workshop. All registrants will be notified by email to confirm a place or to be advised if their name has been placed on a waiting list. If you have not received this confirmation 2 weeks prior to the workshop, please contact Play Therapy Australia. Should the workshop be cancelled, a full refund will be paid for the workshop fee that was paid to Play Therapy Australia.